

March

2018

Colorectal Cancer Awareness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 March is Colorectal Cancer Awareness Month! Help spread the word	2	3
4 Colorectal (colon) cancer is the fourth most common cancer in the United States and the second leading cause of death from cancer.	5	6	7 Smoking can put you at risk for many diseases, including colorectal cancer. Take these steps to help you quit: http://bit.ly/2kuGwCh	8	9	10 People over age 50 have the highest risk of colorectal cancer. You may also be at higher risk if you are African American, smoke, or have a family history of colorectal cancer.
11	12 You should get tested regularly for colorectal cancer starting at age 50.	13	14	15 When it comes to colorectal cancer screening, you have options. Learn about different screening tests: http://bit.ly/2cr2aJd	16	17
18	19	20	21 DYK? Regular #PhysicalActivity can help reduce your risk for colorectal cancer. Take these steps to #GetActive: http://1.usa.gov/UNrIVO	22	23	24
25	26	27	28	29 30 31 		

For more information visit <https://www.ccalliance.org/> and <https://www.cdc.gov/cancer/dcpc/resources/features/colorectalawareness/index.htm>